



IN THIS ISSUE

1. BE ON THE LOOKOUT
2. RECOGNITION AWARDS
3. EGG BITES
4. BENEFIT ID CARDS
5. FLU SEASON



BE On the Lookout

Starting September 13, you will be able to view your current salary, benefits, and contact information for the 2024-2025 School Year in Employee Access Center (EAC). You will need to log in and confirm that the correct information is listed.

- You can update your contact information yourself.
- For questions regarding salary, check the [Compensation Manual](#) first. If you still have questions, please contact your immediate supervisor. If they are unable to provide answers, please complete a Salary Inquiry form on [TalentEd Records](#). Once Human Resources and Payroll have a chance to research your questions, they will get back to you via email.
- For questions regarding benefit deductions, please contact Morgan Ester, Benefits Specialist at mester@dickinsonisd.org.

Also, you will soon receive your yearly tasks via email from [TalentEd Records](#) to complete. These include your Employee Handbook, Demographic Information, Responsible Use of Electronic Communications, and Property Replacement tasks.

If you have trouble signing into TalentEd, please call the HR office at 281-229-6016.

IMPORTANT DATES TO REMEMBER:

- September 11: 9/11 Remembrance Day
- September 16- November 1: Spooky USA Fitness Challenge
- September 23: Staff Development Day (Student Holiday)
- September: Hispanic Heritage Month

Recognition Awards

The following teachers for qualifying for the Teacher Incentive Allotment in Dickinson ISD for the August 2024 distribution. To receive a designation, a teacher must be National Board Certified or identified as a top-performing teacher per the standards provided by the TEA as well as meet district criteria. They include:

Master

Carol Leggio, Creacy Brown, Francesca Grice, Li Lu, Yadira Seshier, Ashley Anderson

Exemplary

Alexandria Hernandez, Alexis N'Ganga, Anna Flores, Diane Fernandez, Emily Tracy, Jessica Van Horn, Marisa Johnson, Melanie Macias, Monica Rickerl, Ryan Janak, Sarah Carr, Victoria Graves, Andrea Bright, Cinthya Angeles

Recognized

Barbara Erdberg, Christie Verdun, Devin Tarver, Diana Lobato, Hannah Westerlage, Janet Tuttle, Juliann Ivory, Karly Provoyeur, Michael-Ann Shumate, Shelby Hollen, Stephanie Smothers, William Seidensticker

We would like to thank our Head Building Keepers for their dedication & perseverance as they provide leadership to our approximately 100 custodians throughout the district. Your continued dedication to DISD is an inspiration to us all.

Dickinson ISD's Head Building Keepers include:

Kassandra Aviles, Maria Pena, Lupe Olguin, Perla Padilla, Lupita Garcia, Raquel Pelico, Abraham Morales, Bernadino Romero, Susana Castillo, Juan Pelico, Maria Coreno, Alex Flores, Gloria Gomez, Maribel Cuadra, Nina Flores, Esther Lopez



Cottage Cheese Egg Bites



INGREDIENTS

- ¾ cups bacon bits cooked
- 7 large eggs
- 1 cup cottage cheese
- 1 cup Colby jack cheese shredded
- ¼ tsp salt
- ¼ tsp black pepper pepper
- cooking oil spray

DIRECTIONS

- Preheat oven to 325°F.
- In a medium sized mixing bowl, crack and whisk eggs.
- Add in bacon, cottage cheese, shredded cheese, salt, and pepper. Mix to combine.
- Spray a 12 cup muffin pan with cooking oil.
- Equally distribute the egg mixture among the 12 muffin cups.
- Place a pan of water on the lower rack of the oven.
- Place the egg bites in the upper rack of the oven and bake 23-25 minutes.
- Use a toothpick to check for doneness. Toothpick should come out of the egg bite clean.
- Let the egg bites cool for a couple of minutes. Remove egg bites from the muffin pan before they completely cool.
- Serve and enjoy!

Benefit Identification Cards

WBlueCross BlueShield Medical ID Cards

You can access your digital ID card through the [BlueAccess for Members Portal \(BAM\)](#) at any time. You can text “BCBSTXAPP” to 336633 to download the digital app to access your digital ID card. You can also call a Personal Health Care Guide at 866-355-5999, and they can email you a temporary card or order a new ID card to be mailed to you.

If you have not changed your healthcare plans, you can continue to use your old ID card. New ID cards will not be mailed out to individuals who did not make any changes for the new plan year.

Express Scripts Pharmacy ID Card

You can access your digital ID card through Express Scripts' [website](#) or app. Below is a link to a PDF that has additional information on how to register your account with Express Scripts. Please remember that these items were mailed to the address you have on file in the Employee Access Center.

[Express Scripts Register Access](#)

CIGNA Dental ID Card

CIGNA no longer mails traditional ID cards to each participant. You can access your digital ID card through their app or [website](#). Below is a link to the PDF with instructions on how to download and register for their app.

If you would like a traditional ID card mailed to you, please call CIGNA at 800-244-6224.

[MyCigna App Instructions](#)

VSP Vision ID Card

VSP does not require an ID card. You just need to let your optometrist's office know that you are covered through VSP. Your member ID will be your full social security number. You can access plan information on their [website](#).

Flu Season Ahead

Who Should Get A Flu Shot and When

Everyone six months of age and older should get a flu shot every season (beginning in October through February). Call the Customer Service number on the back of your member ID card to check your benefits or for help finding a provider.

What are the symptoms of flu?

- Coughing
- Headache
- Chest discomfort
- Muscle aches
- High fever that lasts a few days
- Weakness and fatigue

How can you help prevent the flu from spreading?

- Avoid close contact with others
- Stay home when you are sick
- Cover your mouth and nose when you cough or sneeze
- Wash your hands
- Get plenty of sleep
- Clean and disinfect frequently used surfaces
- Be physically active
- Drink plenty of fluids and eat nutritious food.

Where can I get a flu shot?

Many retail pharmacies offer flu shots and may file the claim for you. You do not need a referral from your primary care physician (PCP), but be sure to use an in-network pharmacy.